

## Wednesday

**Read: Luke 8:44** *The woman touches Jesus' clothing*

### Questions for Reflection and Application

1. *What do you think the woman was expecting to happen when she touched this man?*
2. *What do you think she felt when she knew she was healed? Why didn't she try to thank Jesus?* **Prayer Focus:** Dearest Friend, the woman who came to you was so bold in facing her need, all alone in that crowd. Give us the faith to come to you, no matter what.

## Thursday

**Read: Luke 8:45-47** *Jesus brings the woman forward*

### Questions for Reflection and Application

1. *Why does Jesus stop and ask who touched him?*
2. *Why did the woman confess to touching him? To being healed?*

**Prayer Focus:** Redeemer, you had compassion for someone you could not even see, one who was too timid to approach you face to face. Let us hear again the truth of her healing as she told it that day.

## Friday

**Read: Luke 8:48** *Jesus blesses the woman*

### Questions for Reflection and Application

1. *How must it have felt for her to hear Jesus call her "Daughter?"*
2. *Was it better for the woman that she and her whole community knew what had happened?*

**Prayer Focus:** Beloved, you heal people in body, mind, and spirit. You are the father who stands up for the one alone and in need, naming them as part of your family. Let us be bold for ourselves as people who belong to you. Let us be bold for others, too, knowing they are in the family with us.

## Compassion for Ourselves

**Luke 8:40-48** Woman who touched the fringe of Jesus' clothes seeking healing for herself:

Although Jesus teaches us to love our neighbors as we love ourselves, too often we fail to claim our belovedness in the eyes of God. "If your compassion does not include yourself, it is incomplete." *Jack Kornfield*

### Message Notes:

## Small Group Format



### Welcome

- Introductions/getting acquainted
- Mutual Invitation question: *Recall a time when you have been part of a crowd. How did you feel? Are there times when you avoid crowds or when you like being part of the excitement?*

### Opening Prayer

### Song (optional)

### Reflection on Scripture

- Have someone read: **Luke 8:40-48**. Discuss observations about the text.
  - *What word or phrase strikes you the most?*
  - *What do you think is the most important point of the text?*

*Application of Scripture (The central transformative questions)*

- What did you hear God say to you through this week's Scriptures?
- What are you doing about it?
- How can we support you?

### Share your faith (in groups of 3)

- *How have you experienced God recently in your life?* (This is a weekly question - it may be difficult to answer at first, but if you ask it each week you may start to notice God more in your life.)

### Pray for each other

### Refreshments (optional)

**July 14, 2019**  
**Compassion for Ourselves**

### Monday

**Read: Luke 8:40-42** *Jairus begs Jesus for healing*

#### Questions for Reflection and Application

1. *What status did Jairus hold in that crowd? Was it easy for him to speak to Jesus?*
2. *Jairus asks for healing for his daughter. Would anything have changed if he'd asked for healing for himself?* **Prayer Focus:**

Jesus, you heard the pleas of a father for his daughter. We join in asking for your help for all those who are suffering illness, loss, pain, or fear. Bring comfort, bring healing, bring your peace.

### Tuesday

**Read: Luke 8:43** *A woman in great need*

#### Questions for Reflection and Application

1. *What was the status of this woman in that crowd on that day? Was it easy for her to approach Jesus?*
2. *What might have changed if someone else had asked for healing for her?*

#### Prayer Focus:

Jesus, when we're sick or in need or trouble, so often we try to do everything we can on our own until things get desperate. Forgive us when we don't think to pray to you first of all, before we try to do what we can without you.